

Vancouver CBT Centre

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Referral Form

The Vancouver CBT Centre is a private, fee-for-service psychological clinic offering cognitive behaviour therapy in individual format. We specialize in the treatment of anxiety and mood disorders, and impulse control disorders (trichotillomania, skin picking). Our services are not funded by the provincial healthcare system, although psychological services are often covered through extended health care plans.

Date of Referral: _____

Patient Name: _____

D.O.B.: _____

Patient Address: _____

Patient Phone Number or Email: _____

Reason for Referral: _____

Current Medications, if any: _____

Please list either the name of the therapist you are referring to, or indicate a preference for the earliest availability. **Please note that beginning September 2010, clients can choose to see a doctoral practicum student for a reduced fee.**

Therapist name: _____ **OR any available therapist:** _____

OR doctoral practicum student: _____

Referring Physician/Professional: _____

Address: _____

Phone Number: _____

Signature: _____

Thank you for your referral.